

# Helsinki

*"Why wear something boring, when you can wear unique Finnish design? Miela offers Finnish fashion brands from pink to black, with or without bloom."*

Linda Piirto  
Interim Executive Director



*"If you arrive before June 1, make sure to visit Didrichsen Art Museum, located by the sea and surrounded by a sculpture park."*

Karoliina Koistila  
Programme Manager, Environment & Climate



See all our top tips for your stay  
in the Pearl of the North!



# OUR TOP TIPS TO HELSINKI

1

## GETTING HERE

If you're travelling by plane, we recommend taking a train from the airport to the city center. A one-way ticket costs 4,40 € and the trip takes around 30 minutes.

2

## USE PUBLIC TRANSPORTATION OR WALK

Helsinki is a very walkable city, so make sure to bring comfy footwear. If you're using public transportation, download the [HSL app](#), where you can plan your journey and buy tickets. You can also purchase tickets with contactless payment.

3

## BE PREPARED FOR ANY WEATHER

Weather-wise, Helsinki is no different from the rest of the Nordics – be prepared for anything, and don't forget your umbrella!

4

## LEARN THE LANGUAGE

Finns are usually fluent in English, but learning a couple of Finnish phrases may prove to be useful.

- Moi / Hei → Hi / hello (*when greeting*)
- Moi moi → Bye bye (*when leaving*)
- Kyllä kiitos / Ei kiitos → Yes please / No thank you
- Hauska tavata → Nice to meet you
- Kaunis ilma tänään → Nice weather today
- Mennään saunaan → Let's go to the sauna

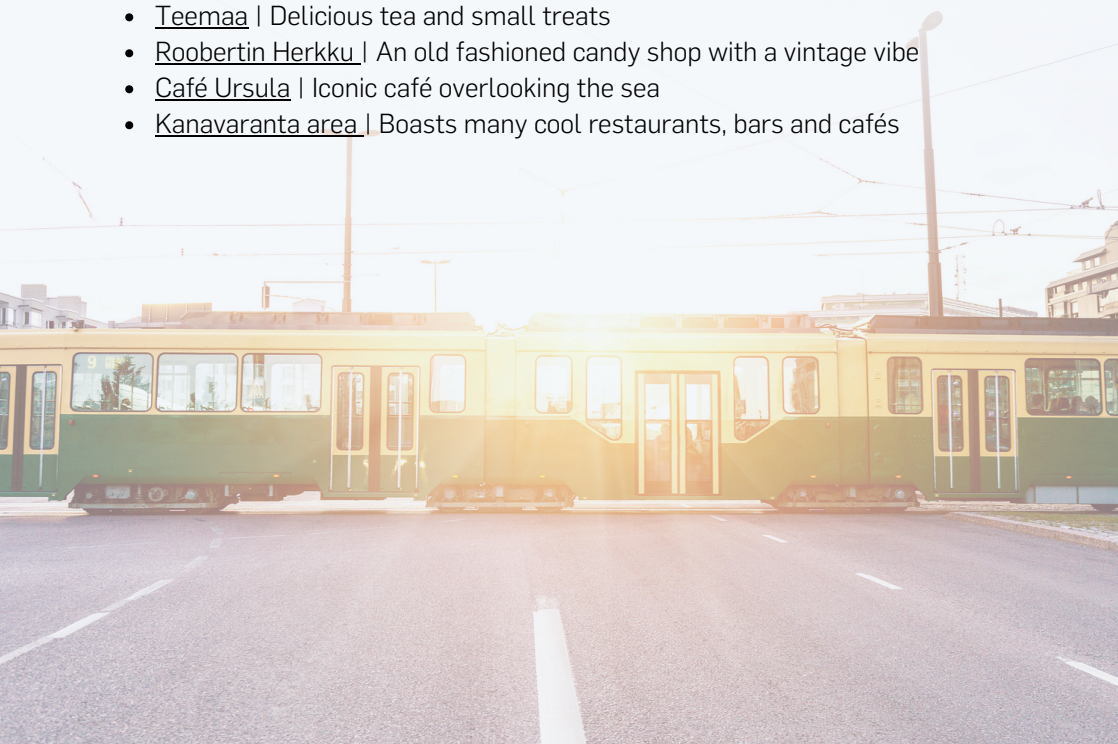
# WHERE TO EAT

## RESTAURANTS

- [Baskeri & Basso](#) | Trendy bistro and wine bar
- [Goose Pastabar](#) | Cool vibes and house made pasta
- [Luovuus kukkii kaaoksesta](#) | Experimental top-class food
- [Magu](#) | Plant-based fine dining
- [Ravintola Nolla](#) | Zero waste
- [Teller](#) | Newly opened restaurant near the city centre
- [YesYesYes](#) | Vegetarian restaurant with a vibrant atmosphere
- [Wellamo](#) | Only local, seasonal, and organic ingredients

## CAFÉS AND TREATS

- [Kahvila Rakastan](#) | Best place for Finnish Karelian pies!
- [Kappeli](#) | One of the most traditional meeting spots in the heart of Helsinki
- [Teemaa](#) | Delicious tea and small treats
- [Roobertin Herkku](#) | An old fashioned candy shop with a vintage vibe
- [Café Ursula](#) | Iconic café overlooking the sea
- [Kanavaranta area](#) | Boasts many cool restaurants, bars and cafés







*"Wondering what makes Finland the happiest country in the world? It's these hefty scoops of ice cream from Helsingin Jäätelötehdas."*

Inka Hyytiäinen  
Communications & Marketing Manager

*"Make sure you visit Café Regatta, an outdoor café in a small, red cottage by the sea, serving the best "korvapuusti" in Helsinki."*

Sophia Lawson Hellu  
Programme Manager, Social Responsibility & Human Rights







*"Looking for a lively, urban atmosphere to hang out at? Teurastamo has many restaurants, bars and events."*

Paavali Koivula  
Participant Engagement Manager

*"I love strolling around Huvilakatu, the most beautiful street in Helsinki. It's known for its row of colourful facades."*

Anniina Miettinen  
Intern, Social Responsibility & Human Rights



## NEED SOME FRESH AIR?

Enjoy these scenic outdoor areas in Helsinki.

1

Seurasaari

4

Uunisaari

2

Mustikkamaa

5

Haaga Rhododendron Park

3

Suomenlinna

6

Helsinki Central Park

# WANT TO RELAX AFTER NORDIC MEETING?

According to some estimates, there's more saunas in Finland than there are cars. We can't vouch for that, but the Finnish sauna culture is indeed inscribed on the Unesco list of Intangible Cultural Heritage. Here's some of our favorite public saunas:

1

**Löyly** | *Beautiful public sauna (book in advance!)*

2

**Allas** | *Right next to the Market Square*

3

**Kotiharjun Sauna** | *Authentic sauna experience*

*"Allas Pool is an urban spa with saunas and seawater pools right next to the Market Square. Lovely – but popular!"*

Netta Honkanen

Programme Manager, SDG and SME



# 10 MUST-SEE'S IN HELSINKI

1

## SENATE SQUARE (SENAATINTORI)

Admire the elegance of Senate Square and wander the charming streets of the Torikorttelit, where history meets modern cafés and boutiques.

2

## ATENEUM

Step inside Finland's most iconic art museum and explore national treasures.

3

## KIASMA

A bold, contemporary art museum that challenges, inspires, and surprises.

4

## AMOS REX

Dive into a world of futuristic and immersive art beneath the city streets.

5

## TEMPPELIAUKIO CHURCH

Marvel at this architectural church carved into solid rock.

6

## OODI

Not just a library, but a modern masterpiece of public space where you can read, relax, or just enjoy the view.

7

## "LYHDYNKANTAJAT"

Meet the beloved stone men of Helsinki's railway station.

8

## ESPLANADE PARK ("ESPA")

Stroll down Helsinki's green heart lined with cafés and live music — and stop by the nearby Moomin Shop for a dose of Finnish nostalgia.

9

## SIBELIUS MONUMENT

Pay tribute to Finland's national composer at this striking steel sculpture.

10

## MARKET SQUARE (KAUPPATORI)

Helsinki's most iconic waterfront marketplace. And while you're here, check out the Old Market Hall, or take a cruise around the islands of Helsinki!



# Enjoy your stay!

If you have any questions about the Nordic Meeting,  
please don't hesitate to reach out to us at  
[info@globalcompact.fi](mailto:info@globalcompact.fi)



Network Finland